

# THE CALLY KIDS PLAY WORLD GAMES



by the team at islington play association 2010  
with thanks to all the children and  
families involved

# **BAYGA OR 'HORSE RACES' (KAZAKHSTAN)**

## **Type of Game**

Racing game

## **Number of Players**

Any number of pairs

## **Best location**

Outdoors, with enough space to run

## **Resources**

A handkerchief or piece of cloth

## **Setting up**

The cloth is loosely tied up on a high point near the finish line.

Each pair decides who is the horse and who is the rider.

The horse stands in front and puts his or her arms down behind them. The rider grabs the horse's hands and, running together like this, they race the other pairs to the finish line. Player can only speak to one another as horses or riders – so neighing, or saying 'giddy-up!'

The handkerchief should be tied up high enough that the pairs have to work together, the horse boosting the rider, to reach up and pull it down. The rider cannot boost the horse.

The first pair to grab the handkerchief wins.

## Did you know?

This game is similar to the Three-Legged Races that were traditionally played in the UK, and the Wheelbarrow races played in the United States where one child holds the feet of their partner, who walks forward on their hands. This version is much better played in grass than on tarmac.

