

# THE CALLY KIDS PLAY WORLD GAMES



by the team at islington play association 2010  
with thanks to all the children and  
families involved

## **ARAW-LILIM OR 'SUN AND SHADE' (PHILIPPINES)**

### **Type of Game**

Tag or It game

### **Number of Players**

10 or more children

### **Best location**

Outdoors, somewhere with plenty of mixed shade

### **Resources**

None

### **Setting up**

None

This is a version of Tag or It, where one child is chosen to be 'it'. This child chases the others who can run anywhere, but can only be 'tagged' on a part of skin that is in daylight.

This is best played in an outdoor space with small patches of shade that are some distance apart, and enough children that they have to fight to stay in the shadow!

A variation is to have more than one child as 'it', or to play as different teams. If you play in teams then there is greater competition for the shade, and a group of children who can be 'it' for the next round.

## VARIATION:

Versions of Tag or It are played all over the world. One version is common in North India and Pakistan. It is called Oonch Neech, or 'Up and Down' in English. In this version, children play in a place with both high and low ground. The children ask the child who is It whether they would like the upper or lower level. The catcher usually chooses the ground level, and if any other child steps onto the ground then they become the next catcher.



“We’d take the rope off the orange boxes down the market and take it off to skip with. We made all our own toys in those days. We had to, there wasn’t anything else!” (Vera)  
“We used to play skipping rope in the streets, with a long rope and all the children joining in.” (Doris)